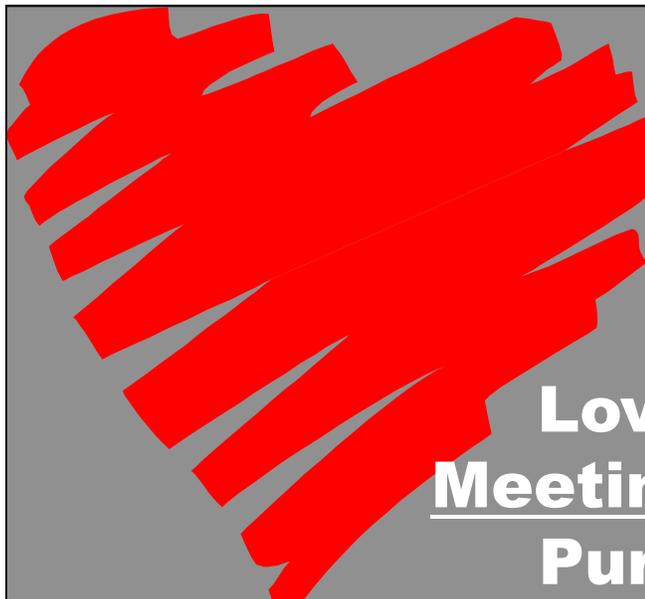




There are only **5** problems in Marriage

1	2	3	4	5



**Love is...
Meeting Needs
Pursuing
Pleasing**



There are only 5 problems in Marriage

Ignoring Needs				



There are only 5 problems in Marriage

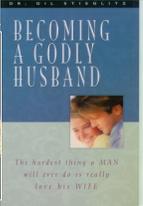
Ignoring Needs

What does my spouse need from me?

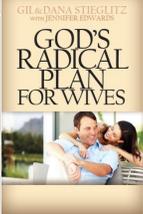
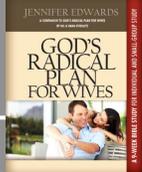
Husband	Wife
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.

Table Discussion

Which need did you try and improve this week?
Where did your spouse improve?

Ignoring Needs

Husband

1. HONOR
2. UNDERSTANDING
3. SECURITY
4. BUILDING UNITY
5. AGREEMENT
6. NUTURE
7. DEFENDER

Wife

1. RESPECT
2. ADAPT
3. DOMESTIC LEADERSHIP
4. INTIMACY
5. COMPANIONSHIP
6. ATTRACTIVE SOUL & BODY
7. LISTENER



There are only **5** problems in Marriage

	Immature Behaviors		



There are only **5** problems in Marriage

Immature Behaviors

Level 1:
Thoughtless Immaturity

Level 2:
Intentional Immaturity

Level 3:
Destructive Immaturity



Table Discussions

Which Solutions did you try this last week?
What happened?

Immature Behaviors Solutions

Apology: I'm sorry, I was wrong, You were right, Will you forgive me?

Alignment: How were you seeing..._____?

the weekend, the budget, the vacation, the discipline, the schedule

Thoughtful Requests: Could we consider doing this...?

More Love: Meet their needs at a new level, Pursue their soul at a new level, Please them at a new level

Clarifying Conversation:

I saw, I heard, I feel, expect a vent, what should be done.

Stop Enabling – Tough Love - Consequences

Change a Behavior: Intervention, Boundarize their behavior,

Patience: Let God convict, Focus on other areas, Some one else

MARITAL INTELLIGENCE

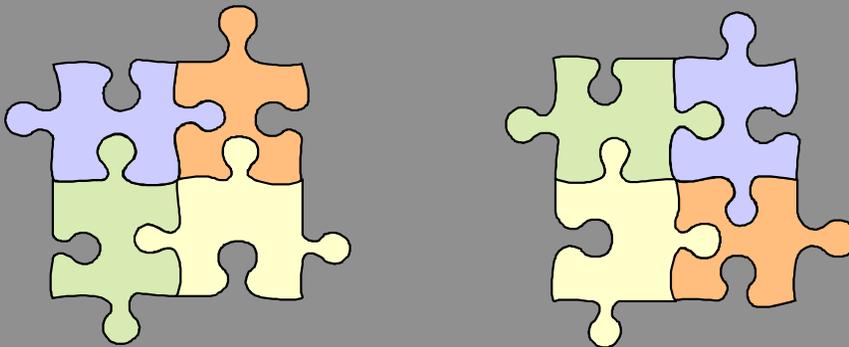
Overcoming the Five Problems of Marriage

		Clashing Temperament		

#3 Clashing Temperament:

Not understanding, accepting and celebrating your spouse's uniqueness

Psa 139:13; Pro 30:11-14



MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Clashing Temperaments

4 levels of Temperament Interplay

Level 1: Ignorance (I thought everyone was like me)

Level 2: Understanding (Wow, people are different)

Level 3: Acceptance (It is okay for that person to be different)

Level 4: Celebration (Their differences are wonderful and useful)

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

Clashing Temperaments

Common Filters for Understanding and Celebrating the Differences

Male vs Female differences

Myers – Briggs

DISC TEST / Ancient Temperaments

Love Languages

Spiritual Gifts

Natural Abilities

Eye – Memory Patterns

Male Female Differences

adapted from *Why Gender Matters*, by Leonard Sax MD, Ph.D.

ASPECT	MALE	FEMALE
<u>HEARING</u>		<u>7-20X better</u>
<u>EYES</u>	More <u>Rods</u>	More <u>Cones</u>
NAVIGATION	<u>Absolute</u>	<u>Familiar</u>
NEGATIVE <u>EMOTION STORAGE</u>	<u>Amygdala</u>	<u>Pre-frontal Cortex</u>
SEXUALITY	Release	Relate
PHYSICAL VIOLENCE	Okay	Uncomfortable
<u>STRESS RESPONSE</u>	<u>Adrenaline</u>	<u>Acetylcholine</u>
RISK ADVERSE/ RISK SEEKING	Seeking	Adverse
PAIN	Different route	More sensitive
NURTURE	Unnatural	Natural
AGGRESSION	Natural	Unnatural
<u>FRIENDSHIP</u>	Sharing <u>activities</u>	Sharing <u>emotions</u>

Myers-Briggs Temperament Sorter

adapted from *Do What You Are*, by Paul D. Tieger and Barbara Barron-Tieger,

E -----|----- **I**

S -----|----- **N**

T -----|----- **F**

J -----|----- **P**



adapted from *Do What You Are*, by Paul D. Tieger and Barbara Barron-Tieger, 1992, Little, Brown and Company Boston.

<u>Extroverts</u>	<u>Introverts</u>
Are energized by being with other people	Are energized by spending time alone
Like being the center of attention	Avoid being the center of attention
Act then think	Think then act
Tend to think out loud	Think things through inside their heads
Are easier to read and know; share personal information freely	Are more private; prefer to share personal information with a select few
Talk more than listen	Listen more than talk
Communicate with enthusiasm	Keep their enthusiasm to themselves
Respond quickly; enjoy a fast pace	Respond after time to think things through
Prefer breadth to depth	Prefer depth to breadth



<u>Sensors</u>	<u>Intuitives</u>
Trust what is certain and concrete	Trust inspiration and inference
Like new ideas only if they have practical applications	Like new ideas and concepts for their own sake
Value realism and common sense	Value imagination and innovation
Like to use and hone established skills	Like to learn new skills; get bored easily after mastering skills
Tend to be specific and literal; give detailed descriptions	Tend to be general and figurative; use metaphors and analogies
Present information in a step by step manner	Present information through leaps, in a roundabout manner
Are oriented to the present	Are oriented toward the future

T ----- | ----- **F**

<u>Thinkers</u>	<u>Feelers</u>
Step back; apply impersonal analysis to problems	Step forward; consider effect of actions on others
Value logic, justice, and fairness; one standard for all	Value empathy and harmony; see the exception to the rule
Naturally see flaws and tend to be critical	Naturally like to please others; show appreciation easily
May be seen as heartless, insensitive, and uncaring	May be seen as overemotional, illogical and weak
Consider it more important to be truthful than tactful	Consider it important to be tactful as well as truthful
Believe feelings are valid only if they are logical	Believe any feeling is valid, whether it makes sense or not
Are motivated by a desire for achievement and accomplishment	Are motivated by a desire to be appreciated

J ----- | ----- **P**

<u>Judgers</u>	<u>Perceivers</u>
Are happiest after decisions have been made	Are happiest leaving their options open
Have a “work ethic” – work first, play later (if there is time)	Have a “play ethic” – enjoy now, finish the job later (if there is time)
Set goals and work toward achieving them on time	Change goals as new information becomes available
Prefer knowing what they’ re getting into	Like adapting to new situations
Are product-oriented (emphasis is on completing the task)	Are process-oriented (emphasis is on how the task is completed)
Derive satisfaction from finishing projects	Derive satisfaction from starting projects
See time as a finite resource and take deadlines seriously	See time as a renewable resource and see deadlines as elastic

Spiritual Gifts

adapted from key Scriptural passages on Spiritual Gifts:
Rom 12: 6-8; 1 Cor 12:1-31; 1Cor 14:1-40; 1 Pet 4: 11; Eph 4:11-13

Spiritual Gifts

Rom 12:5-10; 1 Cor 12-14; Eph 4:11-18; 1 Pet 4:10,11

Prophecy:

Service:

Teaching:

Exhortation:

Giving:

Leadership:

Mercy:

Wisdom:

Knowledge:

Faith:

Healing:

Miracles:

Discerning of Spirits:

Tongues:

Interpretation:

Apostle /

Missionary:

Helps:

Administration:

Evangelist:

Pastor:

Celibacy:

Voluntary poverty:

Martyrdom:

Hospitality:

DISC Test

adapted from *Inscape Publishing DISC Profile Tests*

DISC - Dominant

Driven

Choleric

Power

Strong Will

Power

Practical

Leader

Optimistic

Hot-tempered

Impetuous

Cruel

Self-sufficient

Vengeful

Unsympathetic

Pride

**Inability to
admit wrong**

DISC - Influencer

Expressive

Sanguine

Popularity

Enjoys life

Optimistic

Friendly

Compassionate

Restless

Weak-willed

Impulsive

Undisciplined

Undependable

Egotistical

Emotionally

Unstable

Temptable

DISC - Steady

Amiable

Phlegmatic

Peace

Witty

Dependable

Efficient

Neat

Good-natured

Practical

Slow and Lazy

Tease

Stubborn

Indecisive

Uninvolved

Not self-motivate

Selfish... pleasantly

DISC - Complaint

Analytic

Melancholy

Perfect

Sensitive

Perfectionist

Faithful friend

Self-sacrificing

Creative - Genius

Self-centered

(Subjective)

Pessimistic

Critical

**Unrealistic
expectations**

Moody

Revengeful

Dreamer

Ancient Temperament Sorter

Adapted and Condensed from Florence Littauer's book: Personality Plus

Ancient Temperament Types

Adapted and Condensed from Florence Littauer's book: Personality Plus

<u>SANGUINE</u>	<u>CHOLERIC</u>	<u>MELANCHOLY</u>	<u>PHLEGMATIC</u>
POPULAR	POWER	PERFECT	PEACE
Animated	Adventurous	Analytical	Adaptable
Playful	Persuasive	Persistent	Peaceful
Sociable	Strong-willed	Self-Sacrificing	Submissive
Convincing	Competitive	Considerate	Controlled
Spontaneous	Sure	Scheduled	Shy
Brassy	Bossy	Bashful	Blank
Undisciplined	Unsympathetic	Unforgiving	Unenthusiastic
Forgetful	Frank	Fussy	Fearful
Permissive	Proud	Pessimistic	Plain
Show-off	Stubborn	Skeptical	Slow

Love Languages

Adapted from Gary Chapman's book: The Five Love Languages

Love Languages			
Adapted from Gary Chapman's book: The Five Love Languages			
LOVE LANGUAGE	EXPLANATION	H	W
<u>ACTS OF SERVICE</u>	The desire to serve the other person to show love and care. Also the ability to receive love most deeply and easily through being served by another person.		
<u>GIFT GIVING</u>	The desire to give timely and specific gifts to show love to the other person. Also the ability to receive love most easily through thoughtful well timed gifts.		
<u>QUALITY TIME</u>	The desire to share quality time with another person doing a highly prized activity in order to demonstrate love to the person. Also the ability to receive love most easily through invitations to highly prized activities in which quality time will be spent.		
<u>PHYSICAL TOUCH AND CLOSENESS</u>	The desire to physically touch and physically close to those whom you love and care about as a way of expressing that love. Also the desire to receive love through physical touch and closeness.		
<u>WORDS OF ENCOURAGEMENT</u>	The desire to say, write or give uplifting, inspiring, positive words to others as an expression of love and support. Also the desire to receive spoken, written and memorialized words of belief, support, admiration and approval as expressions of love.		

Your Natural Abilities

Adapted from Margret Broadley's book: Your Natural Gifts

Natural Abilities:

Objective Personality

Subjective Personality

Graphoria:

Ideaphoria:

Structural visualization

Inductive reasoning

Analytical reasoning

Finger dexterity

Tweezer dexterity

Observation

Design memory

Tonal memory

Pitch discrimination

Rhythmic ability

Timbre discrimination

Number memory

Silograms

Foresight

Color perception

Natural Abilities:

Objective Personality: Enjoy and work best with and through others.

Subjective Personality: Enjoy and do best in specialized and individual work

Graphoria: Clerical ability, adeptness at paperwork & dealing with figures & symbols

Ideaphoria: Creative imagination, lots of ideas

Structural visualization: Think in three dimensions and visualize solids

Inductive reasoning: Form logical conclusions from scattered facts.

Natural Abilities:

Analytical reasoning: resolve an idea into its component parts.

Finger dexterity: manipulate fingers skillfully

Tweezer dexterity: handle small tools easily

Observation: take careful notice

Design memory: memorize designs readily

Tonal memory: remember sounds, and ear for music

Pitch discrimination: differentiate musical tones

Rhythmic ability: the ability to keep time

Natural Abilities:

Timbre discrimination: Distinguish sounds of the same pitch and volume from each other

Number memory: Remember numbers, to keep many things in your mind

Proportional appraisal: Discern harmonious proportions

Silograms: Learn languages, or unfamiliar words, technical jargon.

Foresight: Look ahead, personal concern or prudence about the future.

Color perception: Distinguish colors

Eye -- Memory Patterns

Visual: orientation; words...

Audio: orientation; words...

Feeling: orientation; words...

MARITAL INTELLIGENCE

Overcoming the Five Problems of Marriage

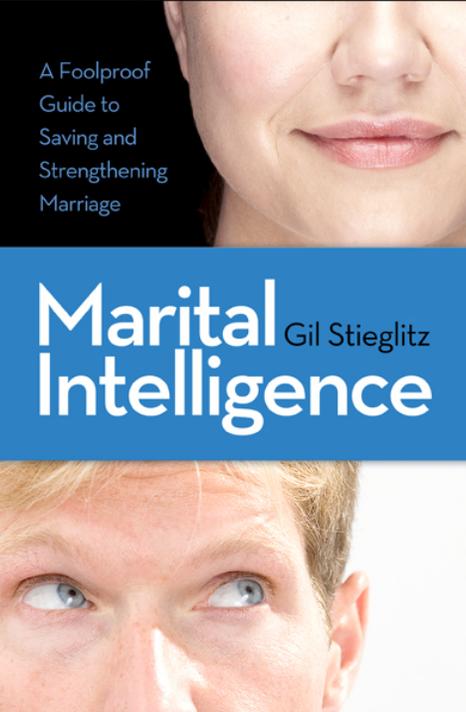
Ignoring Needs	Immature Behavior	Clashing Temperament		



Table Discussions

Which level are you on with your spouse?
Which filters do you want to explore?
Which problem has been most helpful?

Clashing Temperaments 4 levels	Clashing Temperaments Common Filters
Ignorance Understanding Acceptance Celebration	Male vs Female differences Myers – Briggs Ancient Temperaments Love Languages Spiritual Gifts Natural Abilities Eye – Memory Patterns



There are only FIVE problems in Marriage

Resources from PTLB to strengthen your Marriage

A Foolproof Guide to Saving and Strengthening Marriage

Marital Intelligence Gil Stieglitz

GIL & DANA STIEGLITZ WITH JENNIFER EDWARDS
GOD'S RADICAL PLAN FOR WIVES

JENNIFER EDWARDS
GOD'S RADICAL PLAN FOR WIVES
A 9-WEEK BIBLE STUDY FOR INDIVIDUAL AND SMALL-GROUP STUDY

DR. GIL STIEGLITZ
BECOMING A GODLY HUSBAND
The hardest thing a MAN will ever do is really love his WIFE

GIL STIEGLITZ
GOD'S RADICAL PLAN FOR HUSBANDS
REALLY LOVING YOUR WIFE

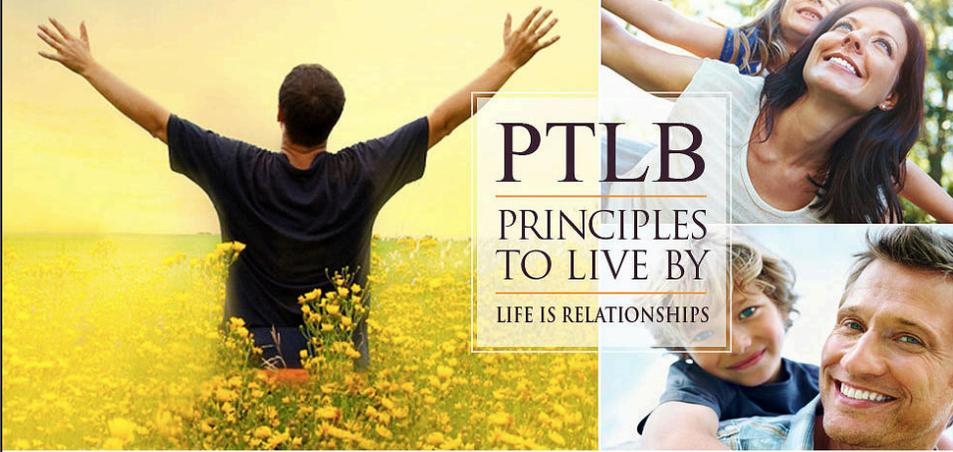
MISSION POSSIBLE: Winning the Battle Over TEMPTATION
Helping Individuals, Families and Organizations
Gil Stieglitz

GIL STIEGLITZ

Spiritual Disciplines of a C.H.R.I.S.T.I.A.N.

Confession • Holy Spirit • Repetition • Interaction
Service • Togetherness • Identification
Abstinence • Needs

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